## ABSTRACT OF THE DISCLOSURE

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An optical switch comprises a film consisting of a polymer, a keep plate having a switching through hole and driving means. The film has a core linearly extending therein and a notch provided across a switching portion provided halfway the core. The keep plate holds the film to expose the switching portion from the through hole. The driving means is employed for approximating and separating a gap of the notch thereby selecting a route of light. The notch is formed by precedently forming a starting groove on the surface of the film and pressing the switching portion with a pressing member from the backside of the starting groove while holding the film with the keep plate thereby causing cleavage.